

# Boys & Girls Club of Woburn

The Boys & Girls Club of Woburn is a non-profit organization. We depend on the generosity of people in the community in order to offer the highest quality programs to the youth we serve. Your support is always needed and appreciated.

## Ways you can help:

- Donate to the "Campaign for Kids"
- Play/Sponsor our Golf Tournament
- Buy a "Pot of Gold" Raffle Ticket
- Gifts in Honor/Celebration/ Tribute
- Memorial Gifts
- Vehicle donation to "Cars for Kids"
- United Way Designations
- Material/In-Kind Donations
- Service Donations

## Volunteer Opportunities:

Opportunities in: Arts, Education, Sports,

An affiliate of



**BOYS & GIRLS CLUBS  
OF AMERICA**

and



Boys & Girls Club of Woburn  
Charles Gardner Lane  
Woburn, MA 01801  
E-mail: [k.guay@bgcwoburn.org](mailto:k.guay@bgcwoburn.org)  
[www.bgcwoburn.org](http://www.bgcwoburn.org)

# Club Member Swim Lessons



## Winter Session II

February –April

Registration Day & Times

February 21, 2012

Club Member-8yrs & Older: 3-4pm

Non Member -Under 8 yrs: 4-5pm

*Come to either session if you have  
swimmers in both*

[www.bgcwoburn.org](http://www.bgcwoburn.org)

**Current swimmers may enroll  
following their last class**



**BOYS & GIRLS CLUB  
OF WOBURN**

*Greatness has a voice.*

# LEARN TO SWIM PROGRAM

## Swim Lesson Information

- Swim Lessons are offered on a first-come, first-served basis.
- When Woburn schools are closed due to the weather, swim lessons will be cancelled.
- Member swim lessons are free to members.\*
- **Swimmers are expected to attend all classes unless they have an excused absence.**
- We no longer mail member brochures to members. Check out [www.bgcwoburn.org](http://www.bgcwoburn.org)
- Please read the class schedule & pool rules prior to the first class
- Please contact Aquatics Director Kim Guay at 781-935-3777 or by email at [k.guay@bgcwoburn.org](mailto:k.guay@bgcwoburn.org) with any questions
- Must attend 4 out of the 6 classes to sign up for Fall 2 swim lessons.

## Boys & Girls Club Swim Team

For kids ages 6-18 Monday  
Contact: Anthony Fiore at  
[coachanthony@verizon.net](mailto:coachanthony@verizon.net)  
<http://www.bgcwoburn.org/what-we-do/lucky-lobsters-swim-team>

## Club/Pool Rentals

The Club is available for rentals, birthday parties, special occasions, and youth groups.  
Please contact Susan at BGCW for information, availability and rates.

## Family Open Swim

For all club kids, their families & swim students  
Non-Members \$3 per person or \$5 per Family  
Saturdays 1:30-2:30

## Saturday Community Pool Parties

Available free of charge for community organizations.  
Please contact Kim at BGCW for more information & availability.

## Adult Water Aerobics

Fridays 9:00-10:00am  
Please contact Instructor Sharon Graves at 781-254-1688 for more information.

Age Group & American Red Cross Class  
Level or Swim Team Skills  
Class Code (Letter or Number), Day, & Time  
(Instructor:Student Ratio)

### Level 1: Introduction to Water Skills

29M Tuesdays 4:00-4:30pm (1:8)  
30M Wednesdays 4:30-5:00pm (1:4)

### Level 2: Fundamental Aquatic Skills

31M Tuesdays 4:30-5:00pm (1:8)  
32M Wednesdays 4:00-4:30pm (1:8)  
33M Thursdays 4:30-5:00pm (1:8)  
34M Fridays 4:00-4:30pm (1:8)  
35M Saturdays 11:00-11:30pm (1:8)

### Level 3: Stroke Development

36M. Tuesdays 5:00-5:30pm (1:6)  
37M Wednesdays 5:00-5:30pm (1:6)  
38M Thursdays 4-4:30pm (1:6)  
39M Thursdays 5:00-5:30pm (1:6)  
40M Fridays 4:00-4:30pm (1:4)  
41M Saturdays 9:30-10:00am (2:8)

### Level 4: Stroke Improvement

42M Wednesdays 4:00-4:30 (1:4)  
43M Wednesday 5:00-5:30 (1:6)  
44M Thursdays 4:00-4:30pm (1:4)  
45M Thursdays 5:00-5:30pm (1:6)  
46M Fridays 4:30-5:00pm (1:6)  
47M Saturday 9:30-10:00am (1:8)

### Level 5: Stroke Refinement

48M Thursdays 4:00-4:30pm (1:8)  
49M Fridays 4:30-5:00pm (1:8)  
50M Fridays 4:30-5:00pm (1:6)

### Swim Team Conditioning

(Meets twice per week) Must be a member  
Of the 2011-2012 swim team

51M Tuesday/Thursday 5:15-5:45pm (1:18)

## Winter Session II

### Swim Lessons

begin

**Tuesday, February, 28th 2012**

**FREE\* for members**

(\*One class per session.

Additional classes cost the price listed below)  
Classes run for 6 weeks and cost \$60.00.  
Thursday and Friday classes will only run 5 weeks.

### Child #1

Name: \_\_\_\_\_ Age: \_\_\_\_\_

ARC Class Level: \_\_\_\_\_

Class Code: \_\_\_\_\_ Day & Time: \_\_\_\_\_

### Child #2

Name: \_\_\_\_\_ Age: \_\_\_\_\_

ARC Class Level: \_\_\_\_\_

Class Code: \_\_\_\_\_ Day & Time: \_\_\_\_\_

### Child #3

Name: \_\_\_\_\_ Age: \_\_\_\_\_

ARC Class Level: \_\_\_\_\_

Class Code: \_\_\_\_\_ Day & Time: \_\_\_\_\_

Guardian Name: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_